



Thank you for choosing Optim Orthopedics. We are looking forward to your visit with us.

Please remember to bring the following:

Valid picture identification and current insurance card(s).

List of current medications.

List of all past surgeries.

Any diagnostics, such as x-ray, MRI, CT, or US you've had that relate to your injury.

Any x-rays or MRI film that may have been done at another facility. Some insurance companies will not pay for additional x-rays to be taken and our doctor will need these on your first visit.

Please complete any paperwork that may be attached **BEFORE** your visit and bring it with you on your appointment date.